

## Life and Business Leadership Insight – December

### “A Reflection for the Festive Season”

I am thankful for the fact that I am a compulsive reader. If something has words on it I will read it. Reading is such a great source of knowledge that it is a pity that more people don't do more of it. Recently whilst re-reading some stuff on leadership and value systems, I was made aware that the fundamental message of all the worlds' religion was essentially "to love fellow man".

From Amish to Zen and everything in between the essential message is to spread love around and spread it thick, full fat, no holding back!

Some of you may be aware that I like simple stuff, basic and no complication. So when such a beautifully simple statement is put forward my next step is to see whether the religions of the world actually measure up to such a simple value system.

What do you think?

Far be it from me to act as judge and jury on this issue because I am still...still valiantly trying day in and day out to be more accepting, loving and no judgmental with others that I meet.

If the complication of life and belief systems religious and otherwise becomes confusing maybe the most enlightening thing to do is to chunk down and remember the basics... This time of year seems a good reminder for many of us yet the real challenge is to live the love thing all through the year. Now that would surely be a present that everyone would treasure and not just for Christmas.

For everyone of my friends who receive this newsletter and irrespective of your personal beliefs I wish for you, and your families, love, inner contentment, health, peace and happiness for 2003 and the future.

Beat that for a warm fuzzy.

#### **Performance Enhancing Substance:**

*"We struggle with the complexities and avoid the simplicities."*

*Norman Vincent Peale*

#### **Performance Enhancing Reading Material:**

*"Moments of Truth" Jan Carlzon. Harper Collins. 1989. ISBN 0-06-091580-3*

*(Leadership and customer service focus for running a successful business)*

**Performance Enhancing Products:**

Life & Business Leadership Tape #1	“Mastering Stress”	\$30.00
Life & Business Leadership CD #2	“How To Get What You Want”	\$30.00
Life & Business Leadership CD #3	“Turning Distress Into Excitement”	\$30.00
Life & Business Leadership CD #4	“The Corporate Athlete”	\$30.00
Life & Business Leadership Pack (Pack of 4)		\$100.00
	<b>Sub Total</b>	<hr/>
	<b>Postage and Handling</b>	<b>\$5.00</b>
	<b>Final Total</b>	<hr/>

*To order these products please complete this form, then email, fax or phone your order to us.*

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Telephone (B): \_\_\_\_\_ Mobile: \_\_\_\_\_

Address: \_\_\_\_\_

Please circle: CHEQUE MONEY ORDER BANKCARD M/CARD VISA AMEX  
DINERS CLUB

*Please make cheques payable to: “Richard Day”*

Card Number: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Expiry Date: \_\_\_\_ / \_\_\_\_

Signature: \_\_\_\_\_ Total: \$ \_\_\_\_\_

Mobile: 0418177868 Fax: (03) 98488126  
Or mail your order to: 31 The Boulevard Doncaster, Vic, 3108  
(Please allow 14 days for delivery and remember to include your payment).

**Performance Enhancing Public Seminars:**

**Crocodiles not Waterlilies Self-Leadership & Team Dynamics Program:**

**Program 1:**

- 19.3.03 (9.00am-5.00pm), 26.3.03 (9.00am-5.00pm), 2.4.03 (9.00am-5.00pm), & 9.4.03 (9.00am-1.00pm)
- Investment for program: \$1100.00 (Inc Gst)

**Program 2:**

- 21.8.03 (9.00am-5.00pm), 28.8.03 (9.00am-5.00pm), 4.9.03 (9.00am-5.00pm) & 11.9.03 (9.00am-1.00pm)
- Investment for program: \$1100.00 (Inc Gst)

**How to Get What You Want (Assertiveness Program):**

**Program 1:**

- 21.5.03 (9.00am-5.00pm), 22.5.03 (9.00am-5.00pm)
- Investment for program: \$700.00 (Inc Gst)

**Program 2:**

- 8.5.03 (9.00am-5.00pm), 9.5.03 (9.00am-5.00pm)
- Investment for program: \$700.00 (Inc Gst)

**Program 3:**

- 29.10.03 (9.00-5.00pm), 30.10.03 (9.00am-5.00pm)
- Investment for program: \$700.00 (Inc Gst)

**Toughness Training (Performance & Stress Management):**

**Program 1:**

- 15.5.03 (9.00am-5.00pm)
- Investment for program: \$450.00 (Inc Gst)

**Program 2:**

- 8.10.03 (9.00am-5.00pm)
- investment for program: \$450.00 (Inc Gst)

These seminars as well as many others are available as in-house programs and in other locations by arrangement.

Please contact me direct on 0418177868 to book your place or via email on [dayr@ocean.com.au](mailto:dayr@ocean.com.au)

**Richard Day B.Ed; M.A.A.E.S.S.; APS**  
**Professional Speaker, Life and Business Coach**

For more information and to preview Richard as a motivational speaker for you and your team please visit : [www.richardday.com.au](http://www.richardday.com.au)

Please feel free to distribute to your friends. Republication is welcome provided author is notified at [dayr@ocean.com.au](mailto:dayr@ocean.com.au)

Some of the information found in this newsletter has been adapted from the Crocodiles not Waterlilies Self-leadership Program with kind permission from Roger Anthony.