

## Life and Business Leadership Insight April / May

### "The Importance of Self-Leadership skills before Team Leadership Responsibilities"

Researchers say that within the near future "genetic profiling" will become the preferred selection criteria for employment opportunities. The rationale behind this procedure is to ensure that the best applicant for the position is identified via a genetic blueprint.

Whilst the concept sounds like something from George Orwell's "1984" the actual "reality" may be much closer than we think.

The concept could theoretically also be applied to the identification of any type of human gene even those responsible for leadership.  
Interesting thought!

Anyway, until this brave new world comes to pass I'm going to stick with the leadership strategies that work and the calibre of people that characteristically use them and set wonderful examples for all of us.

Unequivocally from my perspective, the first requirement of a leader is to have great "self-leadership" qualities within themselves.

So what is Self-Leadership and why is it important?

Self-leadership implies that an individual must be able to first successfully lead before they deserve to have the respect, responsibility and commitment of a team following their example.

In my opinion self-leadership virtues include the following powerful qualities:

- Self-awareness
- Self-esteem
- Credibility
- Flexibility
- Vision & values
- Inspirational
- Global outlook

So here is the deal... before you make the commitment to lead others make sure you can lead yourself first!

#### **Performance Enhancing Substance:**

*"Peak performers find little enjoyment in their comfort zones and constantly stretch outside their skill set for new learning opportunities"* Anon

#### **Performance Enhancing Reading Material:**

*"Take yourself to the Top"* Laura Berman Fortgang.

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