

Life and Business Leadership Insight – February 03

“The Giving Thing....”

Recently a good friend of mine sent me some interesting information on investment strategies.

This stuff was not complicated and very simple to implement and far more enlightening than I expected!

In an age where people are living and working for longer the information was designed to assist people to become more financially secure but with a nice emotional investment component to it as well....

The author suggested that each monthly or fortnightly pay packet should have 30% of its contents divided up in the following ways:

- 10% put away for personal saving.
- 10% earmarked for personal investment.
- 10% for gifting to charity.

Some personal discipline would ensure these amounts grow steadily and gradually until you had something of significant value that could really make a difference both in your life and the lives of others.

There is another perspective to this concept that I believe is just as powerful and it relates to gifting your time to charity as opposed to gifting money.

As many people equate time with money you could be forgiven for thinking what's the difference?

Well whilst both are extremely important, I think the second option of donating your time has the potential to make a much greater impact.

By donating your time to a benevolent charity or organisation you are also impacting your self-esteem and positive attitude of self and others by:

- Experiencing the immediate difference in a situation first hand.
- Improving your work / life balance equation as well as time management skills.
- Demonstrating compassion and empathy toward others that are less fortunate.
- Imparting your own life and business skills with others so that they may learn and grow from the experience.

I have heard it said that one of the greatest feelings in the world is when we are prepared to bend down and put out our hand to help someone up.

When was the last time you felt that touch of emotion and humanity within you?

Richard

Performance Enhancing Substance:

“Good judgement comes from experience. Experience comes from bad judgement”

Anonymous

Performance Enhancing Reading Material:

“The Colour of Water” James McBride 1997.

ISBN 0-7336-0575-3

(An insight into tolerance, love and persecution and the strength needed to overcome them)

Performance Enhancing Products:

Qty

Life & Business Leadership Tape #1	“Mastering Stress”	___	@ \$30.00
Life & Business Leadership CD #2	“How To Get What You Want”	___	@ \$30.00
Life & Business Leadership CD #3	“Turning Distress Into Excitement”	___	@ \$30.00
Life & Business Leadership CD #4	“The Corporate Athlete”	___	@ \$30.00
Life & Business Leadership Pack (Discount Pack of 4)		___	@ \$100.00
			Sub Total _____
			Postage and Handling \$5.00
			Final Total _____

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Mobile: 0418177868 Fax: (03) 98488126
Or mail your order to: 31 The Boulevard Doncaster, Vic, 3108
(Please allow 14 days for delivery and remember to include your payment).

Performance Enhancing Public Seminars:

“Crocodiles not Waterlilies” Self-Leadership & Team Dynamics Program:

Program 1: (3.5 days)

- 19.3.03 (9.00am-5.00pm), 26.3.03 (9.00am-1.00pm), 2.4.03 (9.00am-5.00pm), & 9.4.03 (9.00am-5.00pm)
- Investment for program: \$1100.00 (Inc Gst)

Program 2: (3.5 days)

- 21.8.03 (9.00am-5.00pm), 28.8.03 (9.00am-5.00pm), 4.9.03 (9.00am-5.00pm) & 11.9.03 (9.00am-1.00pm)
- Investment for program: \$1100.00 (Inc Gst)

“How to Get What You Want” (Assertiveness Program):

Program 1: (2 days)

- 21.5.03 (9.00am-5.00pm), 22.5.03 (9.00am-5.00pm)
- Investment for program: \$700.00 (Inc Gst)

Program 2: (2 days)

- 8.5.03 (9.00am-5.00pm), 9.5.03 (9.00am-5.00pm)
- Investment for program: \$700.00 (Inc Gst)

Program 3: (2 days)

- 29.10.03 (9.00-5.00pm), 30.10.03 (9.00am-5.00pm)
- Investment for program: \$700.00 (Inc Gst)

“Toughness Training” (Performance & Stress Management):

Program 1: (1 day)

- 15.5.03 (9.00am-5.00pm)
- Investment for program: \$450.00 (Inc Gst)

Program 2: (1 day)

- 8.10.03 (9.00am-5.00pm)
- investment for program: \$450.00 (Inc Gst)

The investment for the seminar includes all course notes and materials as well as morning and afternoon tea as well as a light healthy lunch.

These seminars as well as many others are available as in-house programs and in other locations by arrangement.

Please contact me direct on 0418177868 to book your place or via email on dayr@ocean.com.au

**Richard Day B.Ed; M.A.A.E.S.S.; APS
Professional Speaker, Life and Business Coach**

For more information and to preview Richard as a motivational speaker for you and your team please visit :www.richardday.com.au

Please feel free to distribute to your friends. Republication is welcome provided author is notified at dayr@ocean.com.au

Some of the information found in this newsletter has been adapted from the Crocodiles not Waterlilies Self-leadership Program with kind permission from Roger Anthony.